



Stillwaters Presents:

EMOTIONAL SOBRIETY RETREAT

TWO-DAY, ALL-INCLUSIVE WORKSHOP



DATES:
AUGUST 16-18

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LOCATION:
VILLA
DESIDERATA
3015 N
BAYVIEW LANE,
MCHENRY, IL
60051

▪

DOORS OPEN:
Fri 7 pm 8/16
CHECK OUT:
Sun 3 pm 8/18

**Meals and
Lodging
Included**

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**Food Truck
Friday**
Additional Purchase
**Fire Roasted
BBQ**
**"The Semper
Fi Chef"**



Semperfichef

@thesemperfichef685

PROGRAM:

- Emotional Sobriety: The Journey
- Interactive dive into: obstacles, surrender and purpose
- Emotions and the body
- Trauma and self-love: a vital connection
- Healing thru sound, reiki and lilac (living in light and consciousness)
- Spiritual maturity: how to love everyone
- Guided meditation for Step 11
- Food, fun, fellowship, games and bonfire

\$140

RSVP to Sue at
224-619-6570

☎Susan Wheeler 134

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